

LAC DU FLAMBEAU FAMILY CIRCLES



"Revitalize Anishinabe cultural values and traditions and strengthen Ojibwe identity"

**PRESENTED BY: BRIAN JACKSON & LISA "THE COUGAR
SCHUMAN**

Program Mission Statement:

The use and abuse of alcohol and other drugs is inconsistent with traditional lifestyles of Ojibwe people. The mission of the program is to reduce the high rate of alcohol and drug abuse within families on the Lac du Flambeau Ojibwe Indian Reservation. This is accomplished through instruction and practice of Ojibwe Indian culture, values and lifestyles, and Ojibwe language, alcohol and other drug abuse prevention education, self-esteem building, healthy lifestyle practices, coping skills building, and positive peer support.

OBJECTIVE:

BUILDING A STRONG FAMILY THROUGH IDENTITY

TODAYS OBJECTIVE:

**HOW DO WE GET THIS HEALING PROGRAM INTO THE
COMMUNITY.**

19 WEEK FAMILY CIRCLES SCHEDULE

1ST WEDNESDAY IS OPENING FEAST, ORIENTATION
(PAPERWORK) ASEMA CONTRACT COMMITMENT

LDF PUBLIC SCHOOL CAFETERIA 5:00PM – 8:00PM

WEDNESDAY AT LDF PUBLIC SCHOOL INTRODUCTION AND OVERVIEW (FEAST)

LDF FAMILY CIRCLE FACILITATOR SESSIONS

LAST SESSION INCLUDES POST ASSESSMENT AND GRADUATION (FEAST)

Each session also will incorporate mindfulness and reinforce several words or phrases to be reinforced in each session:

□ When the mind is ready teachers or teachings will appear

□ When the community is ready teachers and teachings will appear

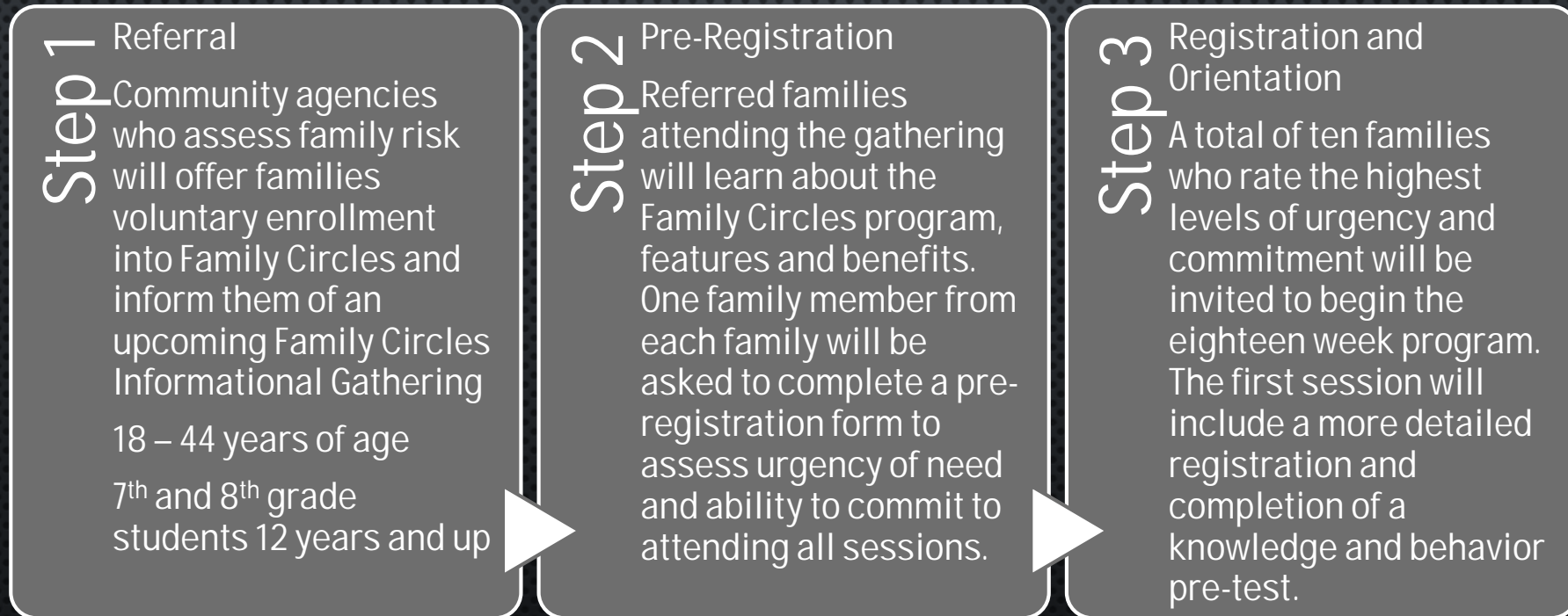
□ All Anishinabe (or human beings) want to be Understood and Appreciated

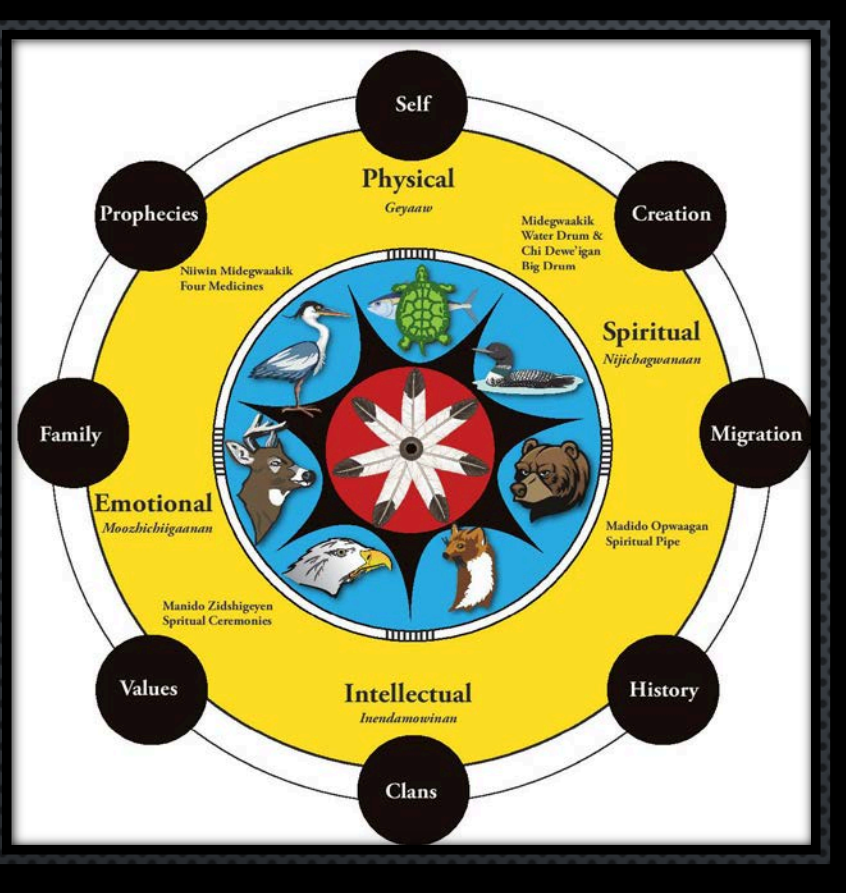
WHAT CAN WE DO?

Family Circles Referral and Registration form Process

The following steps outline the process for recruitment and selection for each Family Circles cohort. Please note:

1. The identification of families at risk of alcohol/substance use and subsequent referral to Family Circles will remain a confidential process between agency provider and family.
2. Self-referral will also be accepted.
3. An ongoing waiting list will be maintained on file by the Family Circles Coordinator so no family will be excluded from Family Circles.





THE EMPHASIS IS ON NURTURING ONE'S SELF, ONE'S FAMILY MEMBERS, AND ONE'S COMMUNITY. CULTURAL PERSPECTIVE TO ALCOHOL AND OTHER DRUG ABUSE PREVENTION IS THE ULTIMATE GOAL OF THE PROGRAM.

“Revitalize Anishinabe Cultural Values And Traditions And Strengthen Ojibwe Identity”

Anishinabemowin Ojibwe Language

- Enyanh (eya) - Yes
- Gaawiin - No
- Miinawaa - Again
- Mi'iw - Im done/finished

7 TEACHING STRATEGIES that shapes our Lac Du Flambeau Ojibwe - Native American ways of being to cultural connections to the past of historical-generation trauma and weaving family circles model into current – contemporary times.

“THE NATURAL LAWS” Bimaadiziwin - “The Good Way of Life”

The 7 Grandfather Teachings

1 Love

To know love is to know peace. Love is strong affection for another forming out of kinship or personal ties. Love is an attachment based upon devotion, admiration, tenderness, and kindness for all things around you. To love yourself is to live at peace with the creator and in harmony with all creation.

2 Respect

To honor all creation is to have respect. Show regard for the value of all persons or things through courteous consideration and appreciation. Honor our traditional roles and teachings. Honor our families, others, and ourselves. Don't hurt anything or anyone on the outside or the inside.

3 Bravery

To face life with courage is to know bravery. Use personal strength to face difficulties, obstacles and challenges. Have courage. Make positive choices. Stand up for your convictions. Show courage in communicating and decision-making.

4 Honesty

To walk through life with integrity is to know honesty. Be truthful and trustworthy. Tell the truth. Accept and act on truths through straightforward and appropriate communication.

5 Humility

To accept yourself as a sacred part of creation is to know humility. Reflect on how you present yourself. Express or offer in spirit of deference and submission. Use a balance of equality with all life. Recognize the human need for balance in life.

6 Wisdom

To cherish knowledge is to know wisdom. Use sound judgment and the ability to discern inner qualities and relationships. Use good sense and form a good attitude and course of action. Listen and use the wisdom of elders, tribal leadership and spiritual leaders.

7 Truth

To know of the heart is to know the truth. Faithfully apply the teachings of our Seven Grandfathers. Trust in the Creator. Be sincere in action, of character, and in utterance. Be faithful to fact and reality.

**Healing Ourselves – Repairing
intergenerational wounds to individuals,
families, and communities, for a healthy, safe
environment through identity and cultural.**

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