

Winter e-Bulletin

What is HOPE Consortium?

HOPE Consortium is a partnership of 10 organizations in northern Wisconsin that came together in response to grant funding available under State of Wisconsin HOPE legislation to address growing problems associated with opioid and methamphetamine use disorders. Focus is placed on detoxification, treatment, and recovery oriented systems of care in an effort to improve quality of life and reduce the number of deaths associated with opioid and methamphetamine addiction.

Those served include men, women, and affected family members who live in Oneida, Vilas, Forest, Price, or Iron Counties or Forest County Potawatomi, Lac Du Flambeau Chippewa, or Sokaogon Chippewa Tribal Nations (with priority for pregnant women). Partners in the Marshfield Clinic Health System, Family Health Center of Marshfield, Inc. and the Center for Community Health Advancement, provide support to the HOPE Consortium.

HOPE Vision & Mission

HOPE VISION

Build hope in communities together to overcome substance use disorders and support recovery.

HOPE MISSION

Coordinated treatment and recovery support for those affected by substance use disorders in Northwoods communities.

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Visit HOPE Consortium Website



HOPE Consortium Progress

It is exciting to begin this new year by reflecting on the life-saving work the HOPE Consortium provided in 2018. From January 1 through December 31, 2018, 350 clients were served, representing a 105% increase from 2017. Regional capacity for the provision of Medication Assisted Treatment (MAT) has increased significantly since 2017 and 241 HOPE Consortium clients received MAT, exceeding projections. Importantly, the 4 MAT providers at HOPE Consortium partner agencies are committed to ensuring that clients receiving MAT are actively engaged in counseling and other support services. HOPE Consortium clients also included 30 pregnant women and 165 women of child-bearing age. The extent of lives impacted is further supported by the report of 504 minor children of HOPE Consortium clients in the REDCap database. One of the most impressive gains in service was provided by the HOPE Consortium care coordinators who provided wraparound support services for all interested HOPE Consortium clients. A total of 113 individuals received care coordination services, representing 74% of the number of clients served despite a decrease from 5 to 4 full-time care coordinators in 2018.

It is particularly inspiring to read the comments of care coordination clients, such as those below:

- "Having the support and accountability of my team has been the key to my success."
- Karlie is a "10 out of 10...She is amazing."
- "Deanna never gives up on me."
- "Every time I need Andrea she has helped me...She is no doubt the most helpful part of the program."
- "Jordan has helped me so much."
- "Peter is a huge part of my recovery."

HOPE Consortium clients early in recovery not only feel supported by their care coordinators, but they also view them as pivotal to their success.

Other regional efforts of the HOPE Consortium worth highlighting include the second annual two-day HOPE Consortium Conference and other training events. A total of 117 people attended the HOPE Consortium Conference held in Lac du Flambeau at the end of August and the HOPE Consortium provided 77 scholarships to regional substance use disorder treatment providers and staff to participate in five training opportunities. Nineteen Marshfield Clinic Health System AmeriCorps Recovery Corps members trained as Recovery Coaches and are serving the needs of individuals and families in the HOPE Consortium region. The HOPE Consortium continues to support the regional distribution of naloxone through partnership with the AIDS Resource Center of Wisconsin (ARCW) and Northwoods Coalition, resulting in distribution of 870 doses of naloxone at regional ARCW events in 2018.

Reflecting on the successes of this past year demonstrates the benefits of partner

agencies working collaboratively to address this serious public health issue. Thank you for you dedication to this work in 2018 – we look forward to further success in the year ahead!

Keep up the great work. You are making a difference!

Tools to Tackle Substance Abuse

Facing Addiction in America: The Surgeon General's Spotlight on Opioids

Released in September 2018, *Facing Addiction in America: The Surgeon General's Spotlight on Opioids* summarizes the opioid-related information published in the original *Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs and Health* and includes updated data regarding the prevalence of opioid misuse, use disorders, overdoses, and related harm. The *Spotlight on Opioids* includes practical information and guidance intended to inform action steps at every level.

View Report



Trends in Opioid misuse and Related Mortality in Wisconsin

Statewide, opioid and heroin use is on the rise. Between 2005 and 2016, the rate of opioid use disorder (OUD) more than tripled. Additionally, reviews of 2017 data indicate that opioid-related hospitalizations are common throughout the state, impacting every Wisconsin county (Figure 1). Analysis of the opioid type contributing to hospitalizations indicates an increasing role of heroin use (Figure 2).







Mortality associated with opioid misuse also continues to rise. In 2017, 916 people in Wisconsin died from opioid overdoses, more than the number killed in car crashes. Shifting trends in the type of opioids are also a factor in increasing opioid-related deaths. Testing shows a marked increase in the prevalence of synthetic opioids, such as fentanyl and analogs, in association with opioid overdose deaths (Figure 3). Most fentanyl and analogs are illegally produced and obtained and are often used in conjunction with other substances of abuse.

For more information on opioid abuse in the State of Wisconsin, please refer to: <u>Treating Opioid Abuse 2018 A Report by the Commission on Substance Abuse</u> <u>Treatment Delivery.</u>

Resources to Improve Practice

Quick and Simple Way to See the Brain

Excellent Color InfoGraphic on Neuroplasticity: <u>The Ability of the Brain to Reorganize itself, Both in Structure and How It Functions you</u> <u>can download and print.</u>

This simple graphic can provide hope to those stuck in patterns of unhealthy behaviors as it demonstrates there are many healthy ways neuroplasticity can occur and how

some unhealthy wiring could have resulted from traumatic events that were out of the patient's control.

Funding Opportunities/ Legislation

Expansion of Programs Funded through HOPE Legislation



Expansion HOPES Clinics: The HOPE expansion legislation funding and \$1 million in federal STR grant funding allowed for three additional new clinics to begin offering services in 2018 and two organizations to expand into two new locations:

- Family Health of LaClinica with offices in Friendship (Adams County) serving Adams, Juneau and Marquette
- Dodge and Fond du Lac counties with program office located in Juneau (Dodge County)
- Arbor Place with offices in Menomonie, Wisconsin, serving Dunn, St. Croix, and Pierce Counties.
- NorthLakes Community Clinic to partner with Lake Superior Community Health Care to open an
 office in Superior, serving Douglas County.
- Family Health Center of Marshfield Clinic to open an office in Ladysmith (Rusk County)

These clinics are required to provide MAT using buprenorphine and naltrexone products. However, Wis. Stat. § <u>51.422</u> currently prohibits these centers from offering methadone treatment, even if that would be the most appropriate treatment for an individual with complex OUD.

Source: <u>Treating Opioid Abuse A Report by the Commission on Substance Abuse</u> <u>Treatment Delivery</u>

HOPE Consortium Trainings/ Meetings

2019 Quarterly HOPE Consortium Steering Committee Meeting

Dates for the 2019 HOPE Consortium Steering Meetings have been set. These and other HOPE Consortium meeting and training dates can be found on the 2019 Schedule at-a-Glance shown below.



For more information contact Marshfield Clinic Health System - Center for Community Health Advancement: 715-221-8400 | communityhealth@marshfieldclinic.org

Updated 1/9/19

REMINDER TO SAVE THE DATE 3rd Annual HOPE Consortium Conference August 26 & 27, 2019 Nicolet Technical College in Rhinelander, WI

Other Training Opportunities

Please <u>CLICK HERE</u> to view a monthly schedule of other trainings related to prevention, treatment, law enforcement, and other that may be of interest.

An up-to-date calendar of relevant trainings can always be found on the HOPE Consortium website <u>HERE</u>.

For more information or questions about upcoming trainings or scholarship opportunities, please contact <u>Danielle Luther</u> or (715) 221-8413.