



Spring e-Bulletin

What is HOPE Consortium?

HOPE Consortium is a partnership of 10 organizations in northern Wisconsin that came together in response to grant funding available under Wisconsin HOPE legislation to address growing problems associated with opioid and methamphetamine use disorders. Focus is placed on detoxification, treatment, and recovery oriented systems of care in an effort to improve quality of life and reduce the number of deaths associated with opioid and methamphetamine addiction.

Those served include men, women, and affected family members who live in Oneida, Vilas, Forest, Price, or Iron Counties or Forest County Potawatomi, Lac Du Flambeau Chippewa, or Sokaogon Chippewa Tribal Nations (with priority for pregnant women). Partners in the Marshfield Clinic Health System, Family Health Center of Marshfield, Inc. and the Center for Community Health Advancement, provide support to the HOPE Consortium.

HOPE Vision & Mission



Build hope in communities together to overcome substance use disorders and support recovery.



Coordinated treatment and recovery support for those affected by substance use disorders in Northwoods communities.

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HOPE Consortium Progress

A Message From Family Health Center of Marshfield, Inc.

Family Health Center of Marshfield, Inc. (FHC) is pleased to welcome Danielle Luther, Project Manager, and Barry Wolfgram, Program Manager of Alcohol & Drug Recovery Centers, to the team. Danielle has long worked with the HOPE Consortium as well as numerous other substance abuse prevention, treatment, and recovery programs. Barry brings a diverse background in treatment, education, and project management to his new role. Danielle and Barry are both familiar faces and we are glad to have them as part of the team!



Danielle Luther

Barry Wolfgram

Patient Satisfaction Survey

The HOPE Consortium is required by its funder, Wisconsin Department of Health Services (DHS), to submit patient satisfaction data every six months. The 15-item HOPE Consortium Patient Satisfaction Survey is now live and can be viewed online by clicking on 'Patient Satisfaction Survey' above. Patients are welcome to complete a survey at any time. Partner agencies have been provided with business reply envelopes for monthly return of surveys and data will be entered and compiled by Family Health Center staff. Aggregate survey results will be shared with the HOPE Consortium Steering Committee and DHS. Individual agency-level data will not be shared except with the agency to which it belongs.

We have compiled 65 surveys to date and they keep coming! Of note, the Patient Satisfaction Survey asks respondents to "provide the name of anyone who was particularly helpful." Thank you to the individuals listed below who were named, often with additional kind words, for all that you do!

- Andrea Y.
- Brian C.
- Brooke B.
- Deanna D.
- Dr. Balinghasay
- Dr. Seale
- FHC Alcohol & Drug Recovery Center "Reception Ladies"
- Jean Y.

- Karlie T.
- Michele S.
- Michelle R.
- Paula H.
- Roberta M.
- Sue S.
- Vickie P.
- Wendy S.
- Yvette H.

Gardening for Wellness

On June 5th, Master Gardener Volunteer and Certified Addictions RN with FHC Alcohol & Drug Recovery Center – Marshfield Tammy Neumann offered a community-based training on gardening and how it relates to wellness and recovery.



Tammy shared several resources available online, reproduced here for your convenience:

- [SAMHSA Wellness Handout](#)
- [SAMHSA Wellness Booklet](#)
- [Container Gardening](#)
- [DIY Basic Bucket Garden](#)
- [Square Foot Gardening](#)
- [Wisconsin Zone Maps](#)

Tammy also shared the best gardening advice she ever received...

Just grow something!

Join us for our next community event on August 7th as we learn more about harvesting your garden and cooking on a budget.

In the news...

FHC Alcohol & Drug Recovery Center – Ladysmith

Family Health Center of Marshfield, Inc. (FHC) celebrated the opening of its third Alcohol & Drug Recovery Center in Ladysmith on Saturday, May 5th with a ribbon cutting ceremony attended by Governor Tony Evers, Lieutenant Governor Mandela Barnes, State Senator Janet Bewley, and State Representative Jesse James. The Ladysmith location is part of a larger group practice that includes the FHC Alcohol & Drug Recovery Center locations in Minocqua and Marshfield.

See media coverage of the event [here](#).

Study of Substance Abuse and Recovery in the Northwoods - Still recruiting!

In partnership with the HOPE Consortium, anthropologist and public health specialist Kate Barnes of the Marshfield Clinic Research Institute National Farm Medicine Center is currently conducting a study focused on bringing the voice and perspective of the community into what we understand about substance abuse and recovery in Wisconsin's northwoods. This research project aims to identify ways to improve substance use disorder treatment and recovery support in the area by listening to personal experiences of those currently in recovery. Ethnographic methods, including open-ended interviews and participant observation, are currently being used to collect data.

To date, the study has consented 9 participants. Recruitment is still underway, with the goal of 15 participants. Seven participants have completed both interview tools, three of whom have scheduled time for participant observation. Nearly 3,000 minutes of interview data have been collected to date and all interviews conducted through February have been transcribed. Preliminary analysis for themes will begin soon. Some embedded members of the community (e.g., people in recovery) have expressed interest in assisting with final analysis of de-identified data and research dissemination.

Data collected to date have generated several facilitating factors, barriers, internal factors, external factors and support structures/processes that drive rural substance abuse. Perceptions of risk continue to be developed. Interestingly, many of the perceived barriers initially theorized by the HOPE Consortium Steering Committee (e.g., transportation, housing) are rarely brought up in interviews. This provides promise that the research will reveal new, unexplored avenues of substance use disorder treatment and support.

To learn more about the study or if you are interested in being a participant, contact study investigator Kate Barnes by email at barnes.kate@marshfieldclinic.org or phone (text/call) at 715-660-8781. Individuals ages 18 or older dealing with a substance use disorder now or in the past who reside in Forest, Iron, Oneida, Price, or Vilas counties or the Forest County Potawatomi, Lac du Flambeau, or Sokaogon Chippewa tribal communities are eligible to participate.

Resources

Great Lakes Prevention Technology Transfer Center

The Great Lakes Prevention Technology Transfer Center (PTTC) is a new five-year initiative funded by the Substance Abuse and Mental Health Services Administration; to provide free training and technical assistance to the substance use prevention workforce in HHS Region 5: IL, IN, MI, MN, OH, and WI. The Great Lakes PTTC is based at the University of Wisconsin-Madison.

Click [here](#) to learn more.

Map of Pharmacies that Dispense Naloxone Without a Prescription

The Wisconsin Department of Health Services maintains a directory of pharmacies that dispense naloxone in the state without a prescription.

View map [here](#).

Funding Opportunities/ Legislation

Drug-Free Communities (DFC) Support Program

Substance Abuse and Mental Health Services Administration (SAMHSA) is accepting applications for the Drug-Free Communities (DFC) Support Program. The purpose of this program is to strengthen community collaboration among communities and to reduce substance abuse among youth and, over time, reduce substance abuse among adults.

Due July 8, 2019. SAMHSA plans to issue 150 awards of up to \$125,000 per year for up to 5 years.

HOPE Consortium Trainings/ Meetings

July

12 - HOPE Consortium Steering Committee Meeting | Minocqua

August

7 - Taking Care of You Community Event | Lac du Flambeau (see invite below)

26 & 27 - HOPE Consortium Conference | Rhinelander

October

11 - HOPE Consortium Steering Committee | Minocqua (see save the date below)



If you or a loved one has been affected by a substance use disorder, this series is for you! The HOPE Consortium invites you to join us as we learn about gardening, harvesting what you grow, and cooking healthy meals on a budget.

Learn How to Grow Your Own Garden

DATE: Wednesday, June 5, 2019

TIME: 6:00—7:00pm

LOCATION: Reuland's Catering & Conference Center (next to AmericInn)
630 Chippewa St., Minocqua, WI 54548

TRAINER: Tammy Neumann, Wood County Master Gardener Volunteer

Learn how to create a container and/or square foot garden. Leave with instructions for planting your own garden and a plant or two to get you started!

Registration (encouraged, not required):

<https://www.surveymonkey.com/r/3Y7RRMQ>

Learn How to Harvest Your Garden and Cook on a Budget

DATE: Wednesday, August 7, 2019

TIME: 6:00—7:00pm

LOCATION: To Be Determined,
Lac du Flambeau, WI 54538

TRAINER: To Be Determined

Learn how to harvest vegetables from your garden and cook on a budget. Leave with the *Eat Well On \$4/Day Good and Cheap* cookbook by Leanne Brown!

Registration (encouraged, not required):

<https://www.surveymonkey.com/r/3WWYRGB>

- Attend one or both FREE sessions
- Participants will walk away with materials, plants, cookbooks and more
- Children and families welcome
- Light snacks will be provided

For more information, contact Danielle Luther, Project Manager, Family Health Center of Marshfield, Inc., a member of Marshfield Clinic Health System at: luther.danielle@marshfieldclinic.org or 715-387-9180.

Funded in part by Marshfield Clinic Health System and
Wisconsin Department of Health Services, Division of Care and Treatment Services.



Save the Date

HOPE Consortium Conference

Nicolet Technical College | Rhinelander

August 26-27, 2019

Join us for the 3rd annual HOPE Consortium Conference featuring at least 18 sessions on substance use disorder treatment and recovery with a focus on self-care for professionals.

Who Should Attend?

Providers | Criminal Justice

Human Services | Treatment

Community & Tribal Leaders | Prevention Professionals

Hear on a variety of topics from experts (invited) including...

- ◆ Family Circles (Brian Jackson)
- ◆ Gang Activity in the Northwoods (Chris Cuetas)
- ◆ Grounding & Substance Abuse in Rural Areas (Lorie Goeser)
- ◆ Impact of Scarcity on the Brain (Tony Iniguez)
- ◆ Living on a Budget (Jean Yeater & Dr. Michael Larson)
- ◆ Mindfulness (David Nelson)
- ◆ Prescription Drug Monitoring Program (Andrea Magermans)
- ◆ Trauma and Law Enforcement (Ashley Drexler)
- ◆ Co-occurring Disorders
- ◆ Drug Trends And More!

Scholarships will be offered around May/June to individuals that work or reside in Oneida, Vilas, Forest, Price or Iron counties or Sokaogon Chippewa, Lac du Flambeau Chippewa or Forest Potawatomi Tribal Nations to cover the cost of registration valued at \$50. Lunch included.

Spread the word! Registration available mid-June!

For more information, contact *Danielle Luther*, Project Manager, Family Health Center of Marshfield, Inc., a member of Marshfield Clinic Health System at: luther.danielle@marshfieldclinic.org or 715-387-9180.

Other Training Opportunities

June

23-27 – [National Rural Institute on Alcohol and Drug Abuse](#) | Menomonie

25-28 - [Substance Abuse Prevention Skills Training](#) | Rothschild

July

18 - [Building Resilient Families and Communities: Moving Beyond Trauma/ACEs and Addiction](#) | Wausau

19 - [Building Resilient Families and Communities: Moving Beyond Trauma/ACEs and Addiction](#) | Rhinelander

14-18 - [CADCA Mid-Year Training Institute](#) | Dallas, TX

16-18 - [Wisconsin/National Drug Endangered Children Conference](#) | La Crosse

August

15 - [Taking Care of Ourselves as We Care for Others](#) | Wausau

16 - [Taking Care of Ourselves as We Care for Others](#) | Rhinelander

14-18 - [National Conference on Alcohol & Addiction Disorders](#) | Baltimore, MD

27-29 - [National Prevention Network](#) | Chicago, IL

*For more information or questions about upcoming trainings, please contact
[Danielle Luther](#) or (715) 387-9180.*