



**We are looking for research participants willing to share their personal experience with recovery from a substance use disorder in Wisconsin's Northwoods – learn more about the study and how you can participate below.**

**Research Project:** Substance Abuse and Recovery in the Northwoods  
**Investigator:** Kathrine Barnes, MS, MPH, CPH  
National Farm Medicine Center, Marshfield Clinic Research Institute  
Email: [barnes.kate@marshfieldresearch.org](mailto:barnes.kate@marshfieldresearch.org)  
Phone: 715-221-7150 or toll-free 1-800-662-6900

**Research Questions:**

- How can substance use disorder treatment and recovery support be improved in your area?
- What is your personal experience with substance use (risks, recovery-related challenges, etc)?
- *Goal: find opportunities for prevention, identify treatment service needs*

**Who am I?**

- My research focuses on bringing the voice and perspective of the community into rural health care programs
- BA in psychology and anthropology from Texas Tech, MS and MPH from University of Wisconsin-Milwaukee
- Trained researcher in public health, community-based participatory research, and medical anthropology
- 8 years' experience researching substance abuse, personal interest based on family experience

**Research Methods:**

- You may choose to participate in one or both parts of this study (described below)
- Open-ended interviews
  - 15 – 20 individuals ages 18 or older dealing with substance abuse now or in the past who reside in Forest, Iron, Oneida, Price, or Vilas counties or the Forest County Potawatomi, Lac du Flambeau, or Sokaogon Chippewa tribal communities
  - Interviews of 30 minutes – 2 hours, *length and location of your choosing*
  - **Names and identifying details of all participants and organizations will be changed** to protect confidentiality in any papers or professional presentations
  - You may provide a pseudonym (fake name) and do not need to share your real name to participate
- Participant-observation
  - Spend time with you while you go through a normal day so I can better understand what life is like while seeking treatment or recovery support for a substance use disorder in the Northwoods
  - **Names and identifying details about the site will be changed** to protect confidentiality

**Potential Research Benefits:**

- Inform a broad audience of researchers, clinicians, policymakers, and educators about substance use disorder treatment and recovery support in your area, including the HOPE Consortium and its partner agencies
- Results will be presented in scholarly articles and presentations aimed at a broad range of researchers and policymakers relevant to rural life and substance abuse; you may provide feedback on results if desired

**Questions for You:**

- How can I revise this project to make it more useful and effective?
- What particular questions would you like me to address, in terms of your needs?

**Please contact me directly at [barnes.kathrine@marshfieldresearch.org](mailto:barnes.kathrine@marshfieldresearch.org), (715)221-7150, or 1-800-662-6900 with any questions or comments or to discuss participating in this research study.**